



Lindamood's Taekwondo America

Kickin' Times

Dates to Remember

- Nov. 7-9th Winter Camp ****Closed****
- Nov. 15th—Instructor Workout— 9am no adult class this day
- Nov. 16th—Paintball
- Nov. 19th—Last day to get Testing applications turned in
- Nov. 22nd—Self-Defense/anti-abduction workshops
No regular classes
- Thanksgiving Holiday closings: 27th-29th
- Dec. 5th—Closed for testing set-up
- Dec. 6th—Testing
- Dec. 7th—Christmas sale from 1:00-3:00 at the school. **FREE** gift wrapping! Santa will be there too!
- Dec. 7th—Awards Ceremony 12:00pm

**Don't forget
the Wii!**

Be giving those **FREE** 1 Week post cards out to your friends and get them to sign up for an 8 week introductory membership to get your name in the jar! Every 3 memberships gets your name entered in!
Families count as 2 memberships

Are **YOU** going to win?

November 1, 2008

Volume 2, Issue 11

Get a Head Start on Your Christmas Shopping

**Christmas
Sale
Dec. 7th!**

Its that time of year again! Time to roll out the Christmas tree, decorations, listen to your kids yell "I want that!" with every commercial they see, and time for our Annual Christmas Sale! This year, on December 7th, we will open the school from 1:00 - 3:00pm for you to come by and browse our current stock of merchandise, or place an order thru Century Martial Arts gift catalog. Throughout the month of November we will be holding contests during classes and giving out Gift Certificates for you to use at our sale. There will also be Century Martial Arts gift catalogs for you to browse thru while your child(ren) take class. We are also offering **FREE** gift wrapping, yummy sweets to snack on, and some great deals!

Bring the kids because Santa will be here! He's ready to listen to all those Christmas lists from all the children and get his picture taken with them! For **FREE!**



Leadership Academy

We are very excited to announce the beginning of our Leadership Academy. This will be a fun new way to instruct your child. This will be for all students that are at least Green Senior and are in the S.W.A.T. Team or have a higher Instructor status.

There will be a monthly special workout for instructors only. This class will be taught by all instructors, including SWAT members to give them experience in how to teach and confidence in speaking in front of other people. The first workout will be on November 15th. **If you are unable to make this workout please let Mr. or Mrs. Lindamood know immediately.

There is no additional cost to participate in the Leadership Academy. All people that are SWAT, Instructor Trainees, Certified Instructors, and Senior Certified Instructors are already enrolled in the Leadership Academy.

Paintball was a Blast!

If you didn't get to go with us then you missed a great time! We will try to organize another game for November 16th. Let us know if you are interested in going.



We play as a school with a group of 10 or more, so it is a safe, fun experience for you and your child.



Thanks to our Parents who went as "Support Staff"!



Cost is \$15.75 per person plus the cost of paintballs.

Dec. Testing Juniors Second Forms

Junior Red Belts will do Ki-Bon

Junior Sr. Red Belts will do Won-Hyo

Junior Black Belts will do Hwa-Rang

Adults of these same Ranks are responsible for knowing all forms.

School Picnic a LOT of FUN!!

Here are some snippets of the fun we had! Thanks to everyone for the great food and great time —



especially Blues BBQ! Thanks Stephanie for serving the BBQ for us! The only dry people left were those of us smart enough to hang around the Brabham's baby girl! Mr. Lindamood was drenched. Good job everybody!!!

Ladies Self-Defense and Juniors Anti-Abduction Workshops


We will be holding these two workshops on November 22nd. The ladies self-defense will be at 9am and the juniors anti-abduction workshop will be at 10:30am. Both seminars will last about 1 1/2 hours and will be full of extremely important information. You and your child will gain confidence and self-assurance that you can take care of yourself if that need should ever arise. Cost for Ladies self-defense is \$75.00 for an individual, or split it with a friend and pay \$35.00 each. Cost for the juniors anti-abduction workshop is \$35.00 for an individual, or split it with a friend and only pay \$17.50 each. Sign up with Mrs. Lindamood soon, space is limited to the first 15 signed up in both workshops!

On the Observation Deck

While parents are more than welcome to watch classes along the mats (Lil' Dragons), or at the main workout floor door, please remember that you must give courtesy to instructors and students on the mats at all times. Please refrain from talking, using cell phones, or distracting students in any way.

Please also remember that it is completely inappropriate to call out onto the floor at any time and for any reason whatsoever! I don't care if their belt is falling off, they forgot their glasses, or you want to speak to a particular instructor. Calling out onto the mats causes people's focus away from what they are doing. On the mat, that can be dangerous.

November 2008

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<i>Happy</i>	<i>Birthday</i>	<i>To:</i>		Who's gonna win the Wii?		!
2 Daylight Savings Time Set your clocks back!	3	4 VOTE!	5 <i>Cassidy Anderson</i>	6	7 Closed Winter Camp	8 Closed <i>Blake Connell</i>
9	10	11	12	13	14	15
16 Paintball! <i>Scott Gutshall</i>	17	18	19 Testing Applications Due	20	21	22 Self-Defense/Anti-Abduction Workshops
23	24	25	26	27 Thanksgiving Day 	28 Closed →	29
30						